

Faculty of Health Sciences

Department: Nutrition and Dietetics

Major: BS in Nutrition and Dietetics

Summary: The Nutrition and Dietetics program provides students with necessary education and foundation to meet the nutritional and dietary needs of individuals and the community at large. The program emphasizes the promotion and restoration of human health through balanced and optimized nutrition.

| BS in Nutrition & Dietetics | | | | | |
|--|---|--|----------------|--------------------------------|--|
| August 26, 2014 | | | | | |
| SOPHOMORE | | | | | |
| Semester | Course Code | Course Title | Credits | Pre-requisites | |
| FALL | ANA211 | Human Anatomy & Physiology I | 3 | BIO101, ENG022 | |
| | ARB208 | Arabic Language & Literature | 3 | | |
| | BIO201 | General Biology I | 3 | BIO101, ENG022 | |
| | CHM201 | General Chemistry | 3 | CHM101, ENG022 | |
| | CSC200 | Computer Driving Skills | 2 | ENG022 | |
| | ENG201 | English Essays & Composition | 3 | ENG105 | |
| Total | | | 17 | | |
| SPRING | ARB209 | Arabic Rhetoric | 3 | ARB208 | |
| | CHM202 | Introduction to Organic Chemistry | 3 | CHM201 | |
| | CHM212L | Chemistry Lab | 2 | CHM201 | |
| | CHM203 | General Biochemistry | 3 | BIO201, CHM201 | |
| | ENG202 | English Communication Skills | 3 | ENG201 | |
| | NTR201 | Introduction to Nutrition | 3 | ENG022 | |
| Total | | | 17 | | |
| SUM | NTR225 | Food Chemistry | 3 | CHM202, CHM203, NTR201 | |
| Total | | | 3 | | |
| JUNIOR | | | | | |
| Semester | Course Code | Course Title | Credits | Pre-requisites | |
| FALL | CLT201 | Cultural Studies I | 3 | | |
| | NTR215 | Food Microbiology | 3 | BIO201, NTR201 | |
| | NTR215L | Food Microbiology Lab | 1 | BIO201, NTR201 | |
| | NTR230 | Nutritional Assessment | 3 | NTR201, ANA211 | |
| | NTR240 | Human Nutrition | 3 | CHM203, NTR201, ANA211 | |
| | PSL210 | Pathophysiology | 3 | ANA211 | |
| | PSY210 | Health Psychology | 2 | ENG022 | |
| Total | | | 18 | | |
| SPRING | CLT202 | Cultural Studies II | 3 | CLT201 | |
| | NTR235 | Nutritional Psychology and Behavior | 3 | NTR230, NTR240, PSY210 | |
| | NTR250 | Community Nutrition | 3 | NTR240 | |
| | NTR255 | Special Topics in Nutrition & Food Science | 3 | NTR215, NTR230, NTR240 | |
| | NTR292 | Food Safety Management | 3 | NTR215 | |
| Total | | | 15 | | |
| SUM | NTR259 | Introduction to Dietetics | 2 | NTR230, NTR250 | |
| Total | | | 2 | | |
| SENIOR | | | | | |
| Semester | Course Code | Course Title | Credits | Pre-requisites | |
| FALL | NTR310 | Nutrition in the Life Cycle | 3 | NTR 240 | |
| | NTR315 | Food Processing | 3 | NTR225, NTR292 | |
| | NTR320L | Food Analysis Lab | 2 | CHM212L, NTR215, NTR225 | |
| | NTR330 | Therapeutic Nutrition I | 3 | PSL210, NTR230, NTR240, NTR259 | |
| | RM302 | Health Research Methods | 2 | CSC200, ENG022 | |
| | STA310 | Biostatistics & Epidemiology | 3 | CSC200, ENG022 | |
| Total | | | 16 | | |
| SPRING | NTR315L | Food Processing Lab | 1 | NTR315 | |
| | NTR340 | Therapeutic Nutrition II | 3 | NTR330 | |
| | NTR350 | Herbal Supplements | 3 | NTR240 | |
| | NTR370 | Food Services Management | 3 | NTR201, NTR292 | |
| | NTR390 | Senior Project in Nutrition & Dietetics | 3 | NTR259, NTR330, RM302, STA310 | |
| | <i>Choose one of the Following Courses:</i> | | | | |
| | NTR270 | Food & Disease Prevention | 3 | PSL210, NTR240 | |
| | NTR275 | Obesity & Weight Management | 3 | NTR230, NTR240 | |
| | NTR280 | Food-Drug Interaction & ... | 3 | CHM203, PSL210 | |
| | NTR355 | Sports Nutrition | 3 | NTR230, NTR240 | |
| | NTR360 | Detoxification Diet | 3 | NTR292, NTR330 | |
| Total | | | 16 | | |

Major Total 104